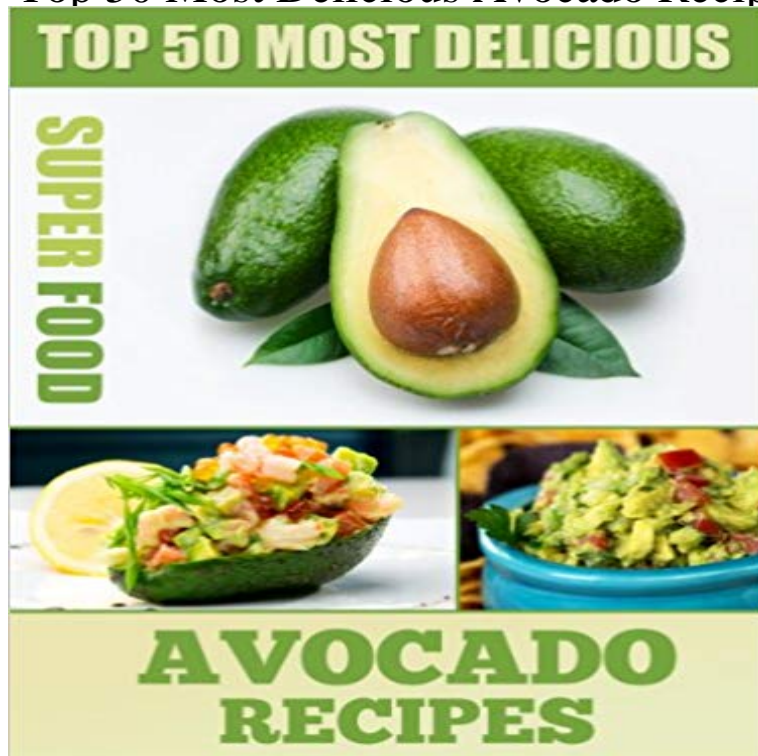


Top 50 Most Delicious Avocado Recipes (Superfood Recipes Book 3)



This top 50 of delicious avocado recipes is based on an unpublished online poll. Try them all and taste their deliciousness. These avocado recipes are so good, you will surely be overwhelmed by their amazing and smooth taste! Enjoy the many health benefits of this SUPERFOOD! Avocados are one of the most complete foods in the world with loads of nutrients, fiber, protein and especially high in super healthy fat; which has anti-inflammatory properties and it keeps cholesterol levels in check. So great for preventing heart disease. Avocados also give you healthy looking, beautiful hair and skin. Find out more inside this recipe book. Easy to follow steps so anyone can make and enjoy them! Each of the recipes have easy to follow steps allowing anyone to make them in no time at all. Tried, Tested and SO GOOD! These recipes have all been tried out by us and we LOVE each and every one of them. So get to it and satisfy your avocado cravings!

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