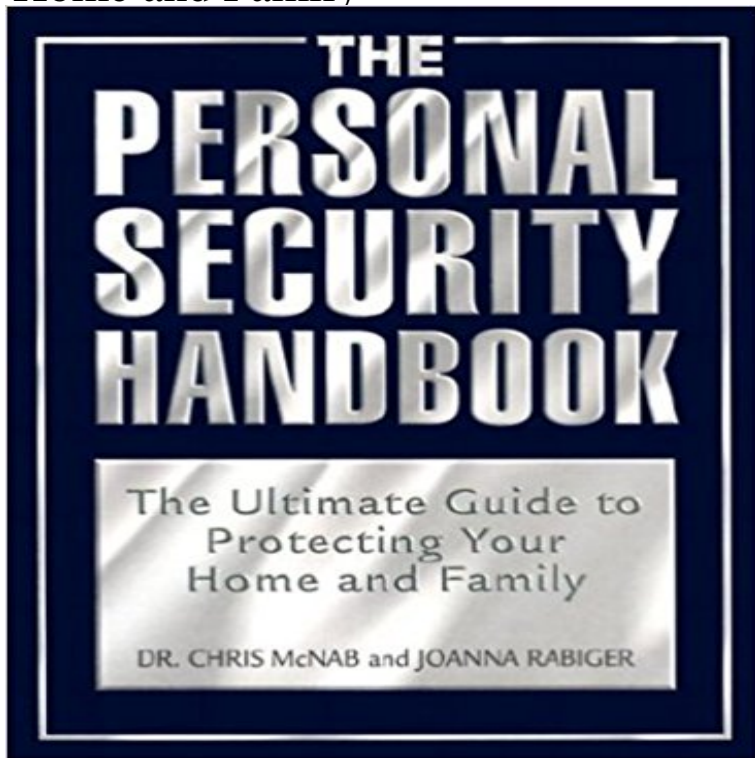


The Personal Security Handbook: The Ultimate Guide to Protecting Your Home and Family



For most people, the art of survival is all about how to cope when deprived of the comforts of home--finding food and building shelter in the wilderness, for instance--but there is a quite different set of survival skills required for city living. With danger seeming to lurk around every street corner, coping with the potential threats of the worlds cities can pose a real challenge to the uninitiated. The Personal Security Handbook is an informative guide to overcoming the challenges of urban living, offering the reader a variety of tips and advice on how to be streetwise and overcome everyday problems--including how to prevent muggings and avoid confrontations, how to unlock your house and car without keys, how to escape a burning building, how to negotiate public transport, road safety measures, and being alert to terrorist activities. Complete with more than 120 black-and-white illustrations that complement the text, this book is the perfect companion to surviving city life, whether you are a seasoned urban dweller or merely a day visitor.

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