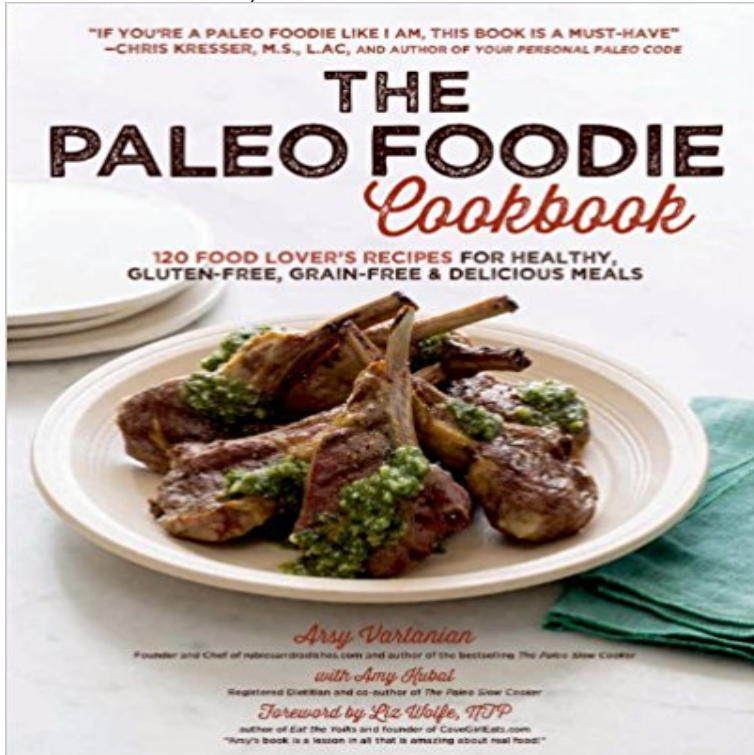


The Paleo Foodie Cookbook: 120 Food Lovers Recipes for Healthy, Gluten-Free, Grain-Free & Delicious Meals



Excite Your Inner Food Lover with the Best Paleo Recipes Out There Arsy Vartanian, Paleo Foodie and author of the bestselling cookbook *The Paleo Slow Cooker*, is ready to share only the best of the best Paleo recipes that'll have your mouth watering. Arsy's delicious and nutritious recipes range from modern twists on traditional dishes to a wide range of ethnic influences from both her Armenian background and her culinary curiosity. With 120 tried-and-true recipes, *The Paleo Foodie Cookbook* includes Salmon Ceviche with Mango and Cucumber, Sun-Dried-Tomato-And Fennel-Braised Short Ribs and Wine-Braised Duck Legs, among other culinary delights. Looking for the perfect gluten-free and grain-free recipes to keep you healthy while your family and friends keep asking for more? Jam-packed with recipes that don't skimp on nutrition or taste, *The Paleo Foodie Cookbook* is your one-stop destination for delicious Paleo fare.

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