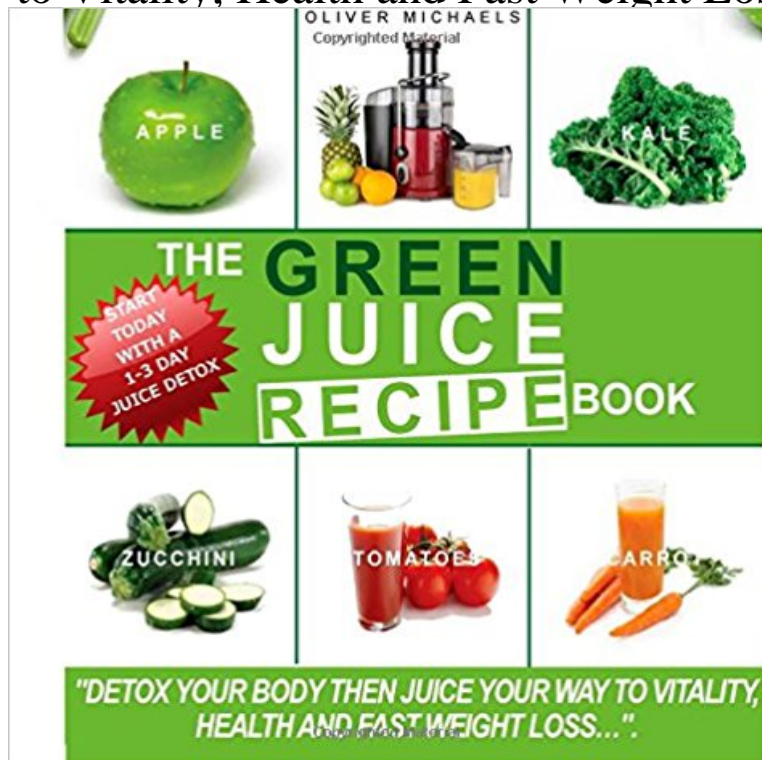


The green Juice Recipe Book.: Detox Your Body, Then Juice Your Way to Vitality, Health and Fast Weight Loss...



Health food author Oliver Michaels new book THE GREEN JUICE RECIPE BOOK. This is an essential recipe guide to detox your whole body with the delicious juice recipes. JUICING IS THE ONLY WAY TO GET NUTRIENTS, VITAMINS AND MINERALS INTO YOUR BODY - THIS ALLOWS YOU TO BENEFIT DIRECTLY FROM THE HEALING EFFECTS OF THE LIVE NUTRIENTS. In this book there are 30+ Recipes, from energy boosting, soothing, detoxing to digestion aiding juices and so much more... Oliver really has put together his favourite and highly affective juicing recipes. These are all you will ever need, describing them as the most nutritional healthy diet and fast healing plan for your whole body, Also included the top Essential tips for creating your very own juicing recipes. The Author:- Thank you for selecting my Green Juice Recipe Book, I sincerely hope you enjoy it and take advantage of the huge health benefits of healthy juicing the way I intended it... Oliver Michaels.

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