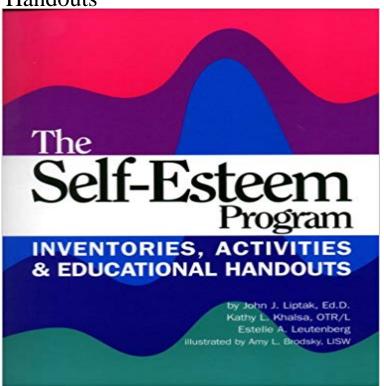
The Self-esteem Program: Inventories, Activities & Educational Handouts



Ages 12 - Adults. Help teens and adults look at self-esteem in a responsible, interactive way! This reproducible program provides self-assessments, educational handouts and treatment ideas. The spiral-bound book includes five modules on such relevant topics as: Body-Image and Self-Image, Self-Esteem, Decision-Making Effectiveness, Values Motivation, Personal Responsibility.

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