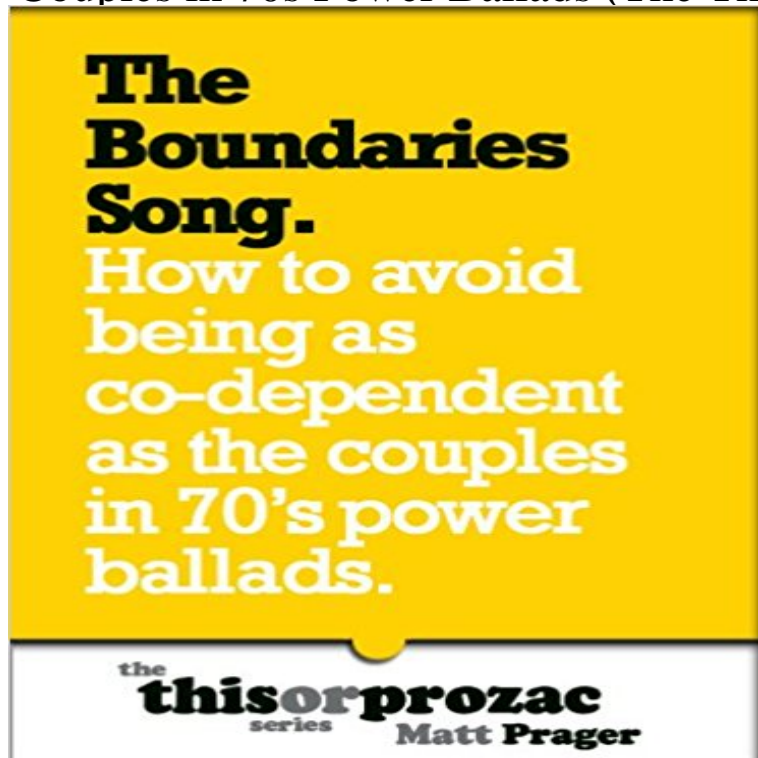


## The Boundaries Song: How To Avoid Being As Co-Dependent As The Couples in 70s Power Ballads (The This or Prozac series)



Do you feel people step all over you (or are you kind of the one doing the stepping)? Do you struggle with saying no without guilt and yes without resentment? If so, then time to figure out where you end and the rest of the world begins, and THE BOUNDARIES SONG will show you how. Matt Prager is a licensed therapist who offers dating coaching, business coaching, and phone therapy for both individuals and couples. He also offers assistance with all aspects of online dating, from writing a profile through managing a clients entire online dating life. He has degrees from Princeton University and NYU, and his services have been featured in the New York Post, and on Fox News, NPR, and the BBC among others. For more information and relationship tips, check out Matts [blog](http://www.ThisOrProzac.com) at <http://www.ThisOrProzac.com>.

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