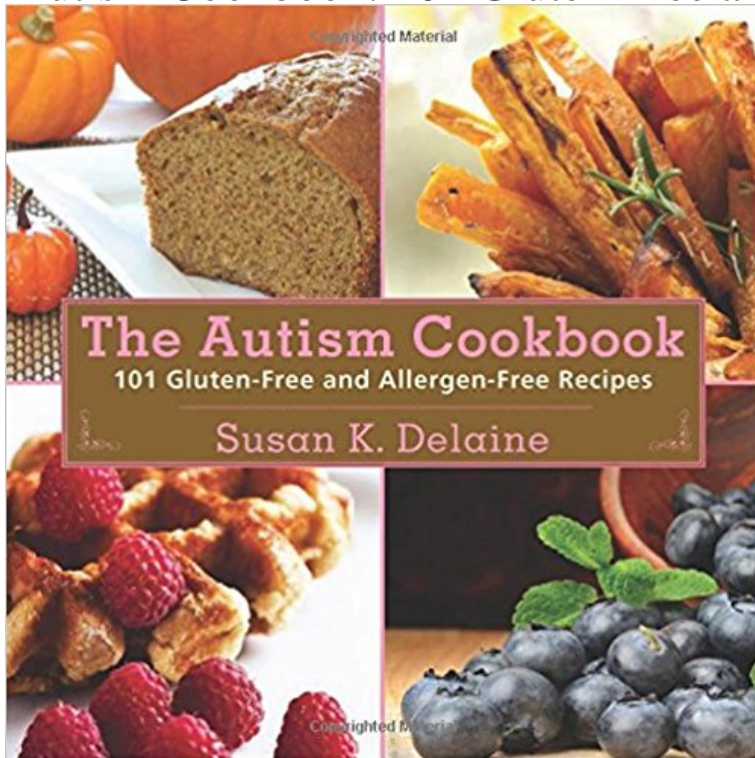


Autism Cookbook: 101 Gluten-Free and Allergen-Free Recipes



Join the countless other families who have discovered enormous improvement in their autistic children through diet now featuring new recipes, new photographs, new alternative ingredients, and the same beautiful design and delicious food that made the original edition so popular. Written by a mother of an autistic child with numerous food allergies, this book is a simple and easy guide to preparing family-friendly meals that can improve a child's digestion and immunity. Recipes are all free from wheat, rice, barley, oat, egg, milk, soy, peanut, tree nuts, fish, and shellfish. All recipes are gluten-free and casein-free and alternatives to refined white sugar are offered in recipes that require a sweetener.

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