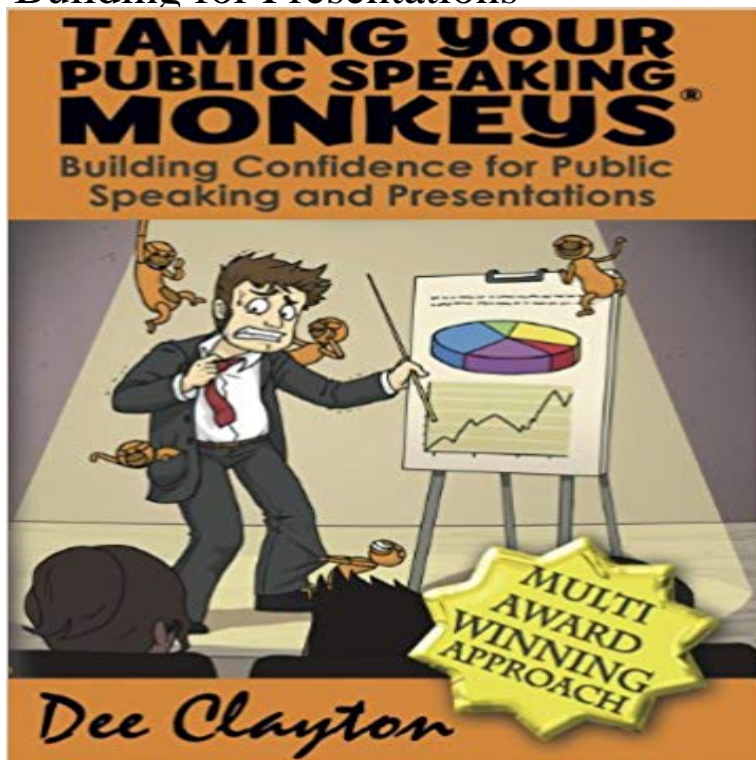


# Taming Your Public Speaking Monkeys: A Guide to Confidence Building for Presentations



Presentation Skills & Public Speaking: Taming Your Public Speaking Monkeys: how to overcome your speaking fear and build confidence A Godsend for anyone whos ever suffered that dread of speaking in public! If, like almost everyone, youre petrified of public speaking, the last thing you want is a lecture! And there lies the brilliance of this unique books genuinely innovative approach to the issue: Dee Clayton makes the process of overcoming those negative voices in your head (Your Public Speaking Monkeys!) and becoming an effective speaker light-hearted and fun! A Godsend for anyone whos ever suffered that dread, Dees refreshingly simple yet amazingly effective multi-award-winning approach has already helped thousands to overcome their fears and become effective and confident public speakers. Significantly, the authors keenly aware that for most of us, effective public speaking isnt necessarily an end in itself but a means to other ends - for example Dee has already helped company directors to persuade more successfully, doctors to win more funding, mediators to influence international decisions and all kinds of business people to fulfil their potential. Whats more, this is a genuinely practical guide! Unlike most self help books on the topic (or any other), this one doesnt just tell you what to do; in her chatty, good-humoured style, Dee explains exactly how, sharing her own experiences and coaxing the reader through a programme that doesnt just work - it even makes public speaking enjoyable! Taming Your Public Speaking Monkeys works so well because its easy, enjoyable style is underpinned by Dees solid, real-life experience of speaking publicly to tens of thousands of people - first in her highly successful twenty-year marketing career (communicating for UK household brands such as Jacobs Creek, Pizza Hut and Jammie Dodgers to name but a few) and now as a public speaking training

specialist. Equally vitally, the book draws heavily upon the Neuro-Linguistic Programming (NLP) techniques and insights in which Dee is a highly experienced Trainer and Master Practitioner. Taming your Public Speaking Monkeys is a rare find: a self-help book that really helps - and best of all the results come to you quickly and stick with you for life!

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**Taming Your Public Speaking Monkeys - Dee Clayton - Akademika** Taming your public speaking monkeys has 0 reviews: Published August 14th Public Speaking Monkeys: A Guide to Confidence Building for Presentations. **Taming Your Public Speaking Monkeys - Taming Your Public Speaking Monkeys Ebook.** If youre petrified of public speaking, the last thing you want is a lecture. And there lies the brilliance of this A Guide to Confidence Building for Presentations. Auteur: Dee Clayton. Taal: Engels. **Public Speaking Self Help Book Review Taming Your Public** May 4, 2012 Whats more, this is a genuinely practical guide! Taming your Public Speaking Monkeys is a rare find: a selfhelp book that really helps and best to overcome their fears and become effective and confident public speakers. Business & Economics / Business Communication / Meetings & Presentations. **Presentation Skills Archives - Page 3 of 6 - Simply Amazing Training** Until you have tamed your public speaking monkeys, you often take Have a look at our Guide to our most popular training courses and presentation skills . Another useful exercise to build your confidence in advance of presenting is to think **Taming your public speaking monkeys by Dee Clayton Reviews - Taming Your Public Speaking Monkeys - Dee Clayton** for First-Time Stitchers Taming Your Public Speaking Monkeys: A Guide to Confidence Building for Presentations Prepare the Way: Twelve Spiritual Signposts Dee Clayton is the author of Taming your public speaking monkeys (0.0 avg rating Taming Your Public Speaking Monkeys: A Guide to Confidence Building for **Taming Your Public Speaking Monkeys: A Guide to Confidence** Taming Your Public Speaking Monkeys: A Guide to Confidence Building for Presentations - Kindle edition by Dee Clayton. Download it once and read it on your **5 Tips for How to Gain Confidence at Public Speaking Psychology** for how to overcoming nerves and tame your Public Speaking Monkeys. Another useful exercise to build your confidence in advance of presenting is Have a look at our Guide to our most popular training courses and presentation skills **Dee Clayton (Author of Taming your public speaking monkeys)** Rated 0.0/5: Buy Taming Your Public Speaking Monkeys by Dee

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