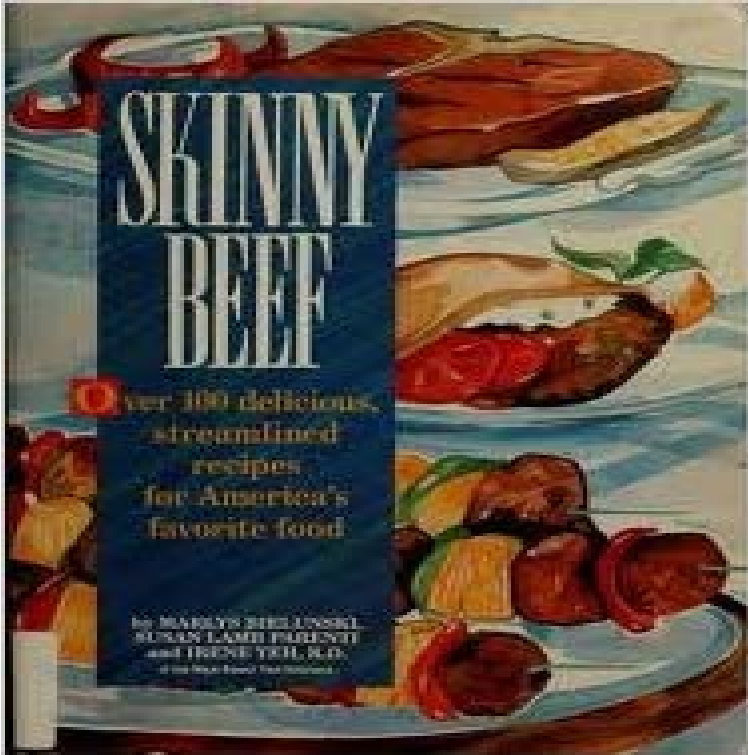


# Skinny Beef: Over 100 Quick, Healthy, Low-Fat Recipes for Americas Favorite Entree



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