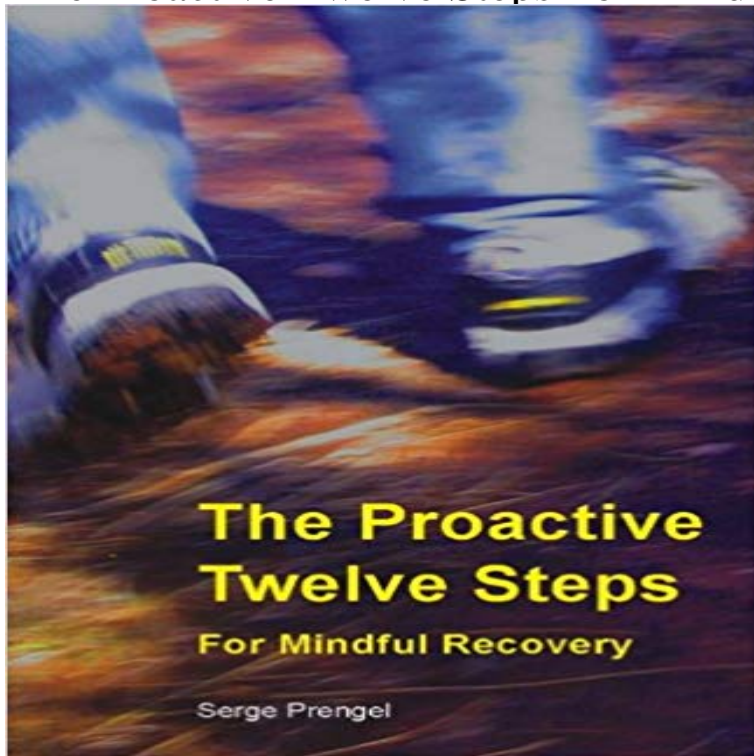


The Proactive Twelve Steps For Mindful Recovery



The Proactive Twelve Steps are an adaptation of the original Twelve Steps that describe the steps as a self-directed process as opposed to a mystical process in which change somehow happens to you.

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