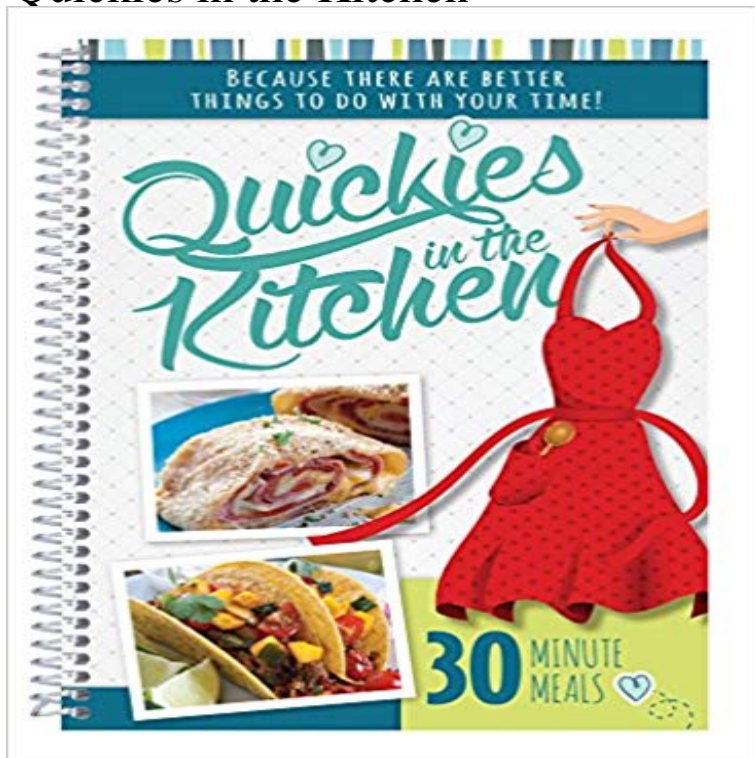


## Quickies in the Kitchen



Whip up delicious meals in 30 minutes or less and leave that apron behind! With recipes for dinners that are both tempting and satisfying, this book will leave you wondering why you ever spent so much time cooking. Get out of the kitchen fast - and without relying on cream-of-anything - with meals like Meatless Taco Pizza - a true veggie powerhouse; Asparagus & Ham Fettuccini with an amazing Parmesan cream sauce; and Mediterranean Fish Tostadas topped with lime-infused coleslaw.

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