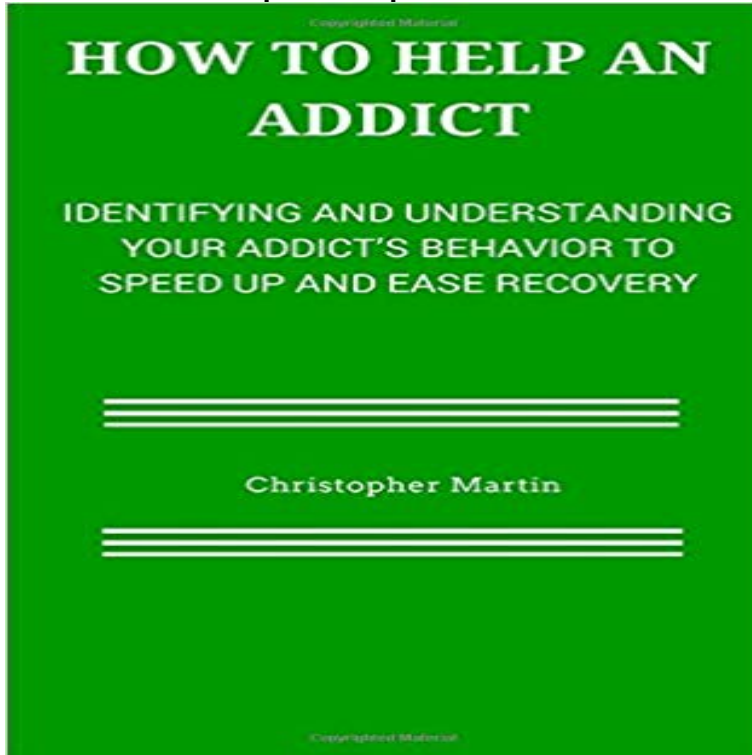


# How to help an Addict: Identifying and understanding your addicts behavior to speed up and ease recovery



Understanding addiction is the only way to help a drug addict overcome their problem. This book helps you not only understand addicts and their behaviors, but also to identify and understand the triggers that make addicts continue to abuse drugs. Sections are divided into the four main types of addicts. At the end of each section you are given easy action steps you can use to speed up and ease the process of recovery for any addict. This book is for anyone who loves an addict. It was written by Christopher Martin, a former drug addict who was addicted to some of the worst drugs you can imagine for over a decade. He has seen things firsthand that no doctor or addiction specialist will ever know about. If youve spent your time worrying about an addict, trying to help them with rehab, detox and interventions this book is for you. The truth is, most of the things taught in colleges and in treatment centers dont work. If they did work then rehab would not be the revolving door that it is. Treatment centers and specialists are not trained to help the root causes of drug and alcohol addiction. Most time addicts come out worse off than when they started. To beat addiction you need to understand what caused it, and what continues to trigger the addicts brain - they are not always the same thing. Addicts and alcoholics tend to only listen to other addicts and alcoholics. Thats because they can understand and relate to each other. This book gives you the knowledge and experience to do the same. Now you can help the addict you love because you will know more about what they are going through, and how to stop it. This is a short, easy to read action plan that dives into the nitty gritty behaviors that drug addicts try to hide. Knowing and understanding these things gives you an advantage over addiction, which will help you callout your addict and make them understand what they are doing. Often

addicts do not realize the things they do until its too late. This book helps you put an end to that vicious cycle. If you love someone you feel like you are losing to drug addiction this book is for you. There is light at the end of the tunnel. There is a positive outcome waiting just around the corner for you. Take advantage of the real-world experience this author has to offer. Dont wait until its too late. Dont let addiction carry someone you love even further down the wrong road. Get your copy now.

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