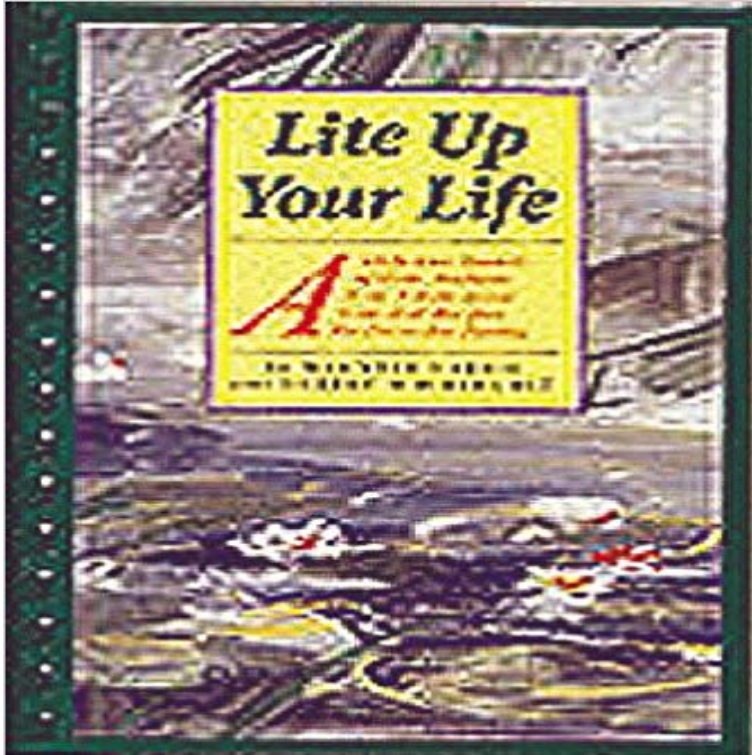


Lite Up Your Life: A Delicious Variety of Low-Sodium, Low-Cholesterol, Low-Fat Recipes for Everyday Eating



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