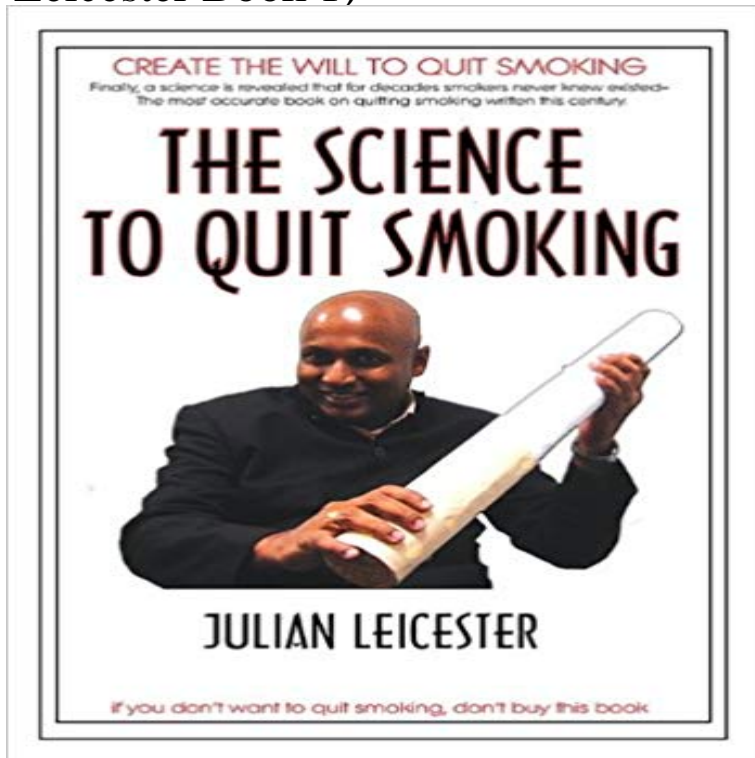


The Science To Quit Smoking (The Science to Quit Addiction by Julian Leicester Book 1)



Often we think smokers do not want to quit. We suspect that they are lost in their cigarette habits and any effort to help them is futile, as the influence of the cigarette seem so overpowering. What can we or anyone do to make a smoker quit? How can we get them to agree to come forward and be committed to ending the habit? The truth is, we cannot really interfere in the choices of any human being, unless it is a threat to another human. No one likes to be told how to run their lives. Likewise, a smoker will not want anyone to preach to them about the health risks and dangers of smoking. We can only teach them a way out and trust that they will find the will to throw out their cigarettes soon. The steps in this book have been kept simple with the objective of teaching and enabling a smoker to create a will for change. The Cigarette Slayer techniques are home-grown Malaysian innovations. The techniques are being used in a very ambitious mission to stop smoking worldwide. The steps are the original, patented work of the stop-smoking specialist and teacher Julian A. Leicester. This book is the product of 10 years of clinical and seminar research with smokers. His work with his clients is done in a fun and effective manner, with many high success results publicized in the media. This book is the first of its type in the world, and the only system for quitting smoking that uses pleasure as a means to quit.

10 Tips To Cut And Stop Smoking - SlideShare Professional quit smoking center based in Malaysia with clients from Malaysia, Addiction & Compulsive Habit (TEACH) THIS IS ONE OF THE MOST ADVANCED QUIT Book a personalized quit smoking coaching with Julian Leicester. **Julian Leicester Small Thots** Julian Leicester is a household name on quit smoking in Malaysia. Media calls him Julian is the book author of The Science to Quit Smoking. He has design **the science to quit smoking - julian leicester - Hypno Station** Editorial Reviews. Review. Julian is a fast-growing leader in his field, innovating new ideas to The Science To Quit Smoking (The Science to Quit Addiction by Julian Leicester Book 1) - Kindle edition by Julian Leicester. Download it once **Julian leicester the cigarette slayer profile 2013 by Julian Leicester** Jul 14, 2016 - 8 sec Read here <http://?book=B0153LE5K6>

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