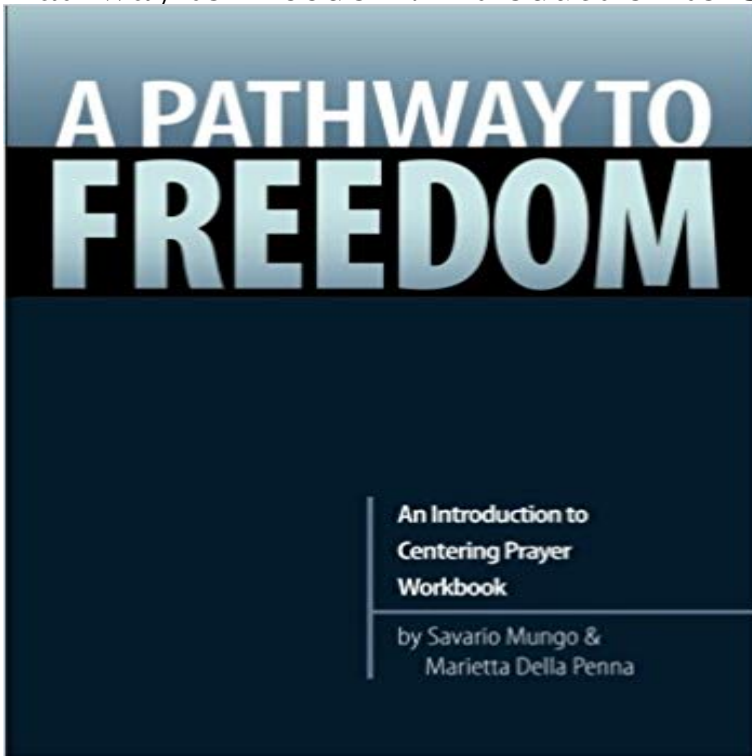


# Pathway to Freedom: Introduction to Centering Prayer Workbook



A unique workbook oriented to introducing those incarcerated and others, to Centering Prayer as a way to assisting establishing an environment open to the development of a more contemplative life.

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