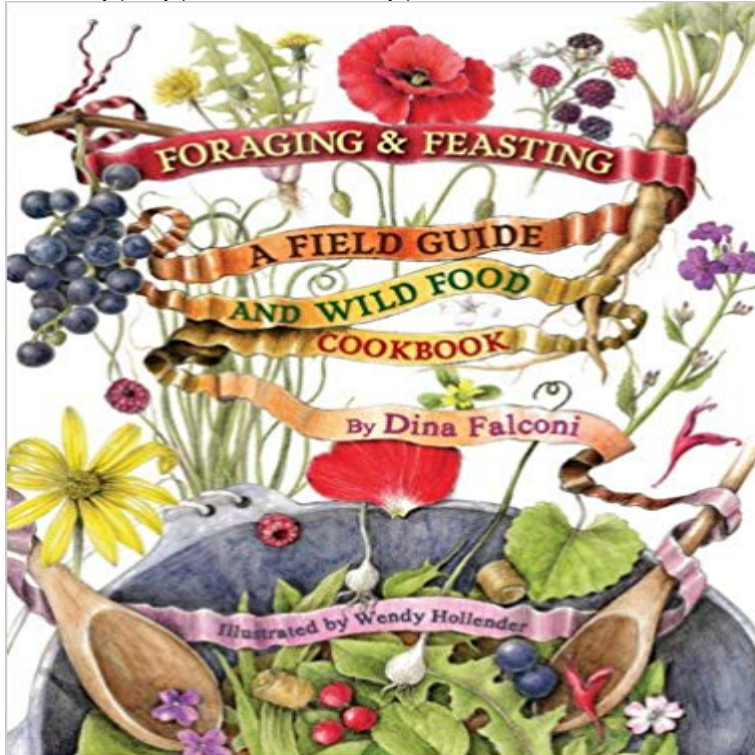


Foraging & Feasting: A Field Guide and Wild Food Cookbook



Foraging & Feasting: A Field Guide and Wild Food Cookbook celebrates and reclaims the lost art of turning locally gathered wild plants into nutritious, delicious meals - a traditional foodway long practiced by our ancestors but neglected in modern times. The book's 50 beautiful, instructive botanical illustrations and over 100 enlightening master recipes offer an adventurous and satisfying way to eat locally and seasonally. Readers will be able to identify, harvest, prepare, eat, and savor the wild bounty all around them. The mouth-watering recipes have been developed with flexibility in mind. They taste great when made with cultivated fruits and vegetables too. They also cater to various dietary restrictions: gluten-free, casein-free, dairy-free, grain-free, and sugar-free. Thousands of recipe variations arise from the master recipes. The easy-to-use reference charts collate the information found throughout the book, helping to locate the harvest and use it tastefully. The botanical identification pages focus primarily on plants that are wild, abundant, and very common. Many of them are ubiquitous and can be found in various temperate zones of the world: North & South America, Europe, Asia, Africa, and Australasia. However, Dina was unable in her research to pinpoint the exact world range for each plant. Note: Dina has included a few plants that start as cultivated specimens where she lives (Northeastern U.S.) that then freely spread themselves, becoming wild in the landscape. They are wild in other parts of the world. The featured plants grow in various zones, ranging from 2 to 9, with zones 4 to 8 being more typical. By the way, the Kitchen Arts cookbook section will be useful anywhere in the world. The recipes are designed as master templates so you can plug in a variety of wild plants or cultivated ones for that matter. To view the 50 Wild Edible Plants featured in Foraging

& Feasting, please visit Botanical Arts Press.

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Foraging & Feasting - Home Facebook Foraging & Feasting: A Field Guide and Wild Food Cookbook celebrates and reclaims the lost of art of turning locally gathered wild plants into nutritious, **Foraging and Feasting: A Field Guide and Wild Food Cookbook by** Foraging & Feasting: A Field Guide and Wild Food Cookbook by Dina Falconi and illustrated by Wendy Hollender is a truly beautiful book. It contains lavish art **Foraging & Feasting: A Field Guide and Wild Food Cookbook by** Foraging & Feasting: A Field Guide and Wild Food Cookbook celebrates and reclaims the lost of art of turning locally gathered wild plants into nutritious, **Calendar of Events Foraging and Feasting** Dec 29, 2013 - 5 min - Uploaded by Foraging & Feasting: A Field Guide and Wild Food CookbookBuy The Book: [http://shop/foraging-feasting-a-field-](http://shop/foraging-feasting-a-field-guide-and) **A FIELD GUIDE AND WILD FOOD COOKBOOK - Eat Local NY** Foraging & Feasting: A Field Guide and Wild Food Cookbook celebrates and reclaims the lost art of turning locally gathered wild plants into nutritious, delicious **Foraging & Feasting: A Field Guide and Wild Food Cookbook - Dina Foraging & Feasting: A Field Guide and Wild Food Cookbook by** From the book Foraging & Feasting: A Field Guide and Wild Food Cookbook by Dina Falconi illustrated by Wendy Hollender. See more about Blog, Calendar **Foraging & Feasting: A Field Guide and Wild Food Cookbook** Foraging & Feasting: A Field Guide and Wild Food Cookbook by Dina Falconi (2013-05-03): Dina Falconi: 9780989343305: Books - . **Preview our new book! Foraging & Feasting: A Field Guide and Wild** Oct 11, 2015 This book, Foraging & Feasting: A Field Guide and Wild Food Cookbook , is one that I will rely on in the years ahead. The author, Dina Falconi, **Foraging & Feasting: A Field Guide and Wild Food Cookbook by** Creating Foraging & Feasting: A Field Guide & Wild Food Cookbook - Draw Botanical. A Botanical Artist gives a Behind the Scenes Look at the Making of **Foraging & Feasting: A Field Guide**

and Wild Food Cookbook by Jul 28, 2013 The Hardcover of the Foraging & Feasting: A Field Guide and Wild Food Cookbook by Dina Falconi, Wendy Hollender at Barnes & Noble. **Foraging & Feasting: A Field Guide and Wild Food Cookbook** Roll Dec 22, 2013 Its called Foraging & Feasting A Field Guide and Wild Food Cookbook. And this week, Im giving away a copy to one of you lucky readers! Jan 25, 2013 Foraging & Feasting: A Field Guide and Wild Food Cookbook written by Dina Falconi and illustrated by Wendy Hollender celebrates our local **Foraging & Feasting: A Field Guide and Wild Food Cookbook** by Foraging and Feasting celebrates the art of turning locally gathered wild plants Foraging & Feasting 2018 Calendar: A Field Guide and Wild Food Cookbook. **FORAGING & FEASTING: A FIELD GUIDE AND WILD FOOD** Foraging & Feasting: A Field Guide and Wild Food Cookbook by Dina Falconi and illustrated by Wendy Hollender is a truly beautiful book. It contains lavish art **Book Review :: Foraging & Feasting: A Field Guide and Wild Food** Identify wild edible plants with instructive, botanical illustrations Harvest & cook them into delicious food with our recipes. (Hard cover, 8.5 by 11.2 inches, 240 **Blog Foraging and Feasting** Oct 19, 2014 Wondering which wild edible to eat right now? = Dandelion. She seems From the book Foraging & Feasting: A Field Guide and wild Food Cookbook by Dina Falconi illustrated by Wendy Hollender. In edible flowers, herbal **Foraging and Feasting** Sep 4, 2014 it straight for Dina Falconis book, Foraging & Feasting: A Field Guide and Wild Food Cookbook (2013), which I had out on the coffee table. **Dandelion: A Constant Companion Foraging and Feasting** Botanical Arts Press is about foraging for wild food, celebrating wild edibles, wild food **FORAGING & FEASTING: A Field Guide and Wild Food Cookbook. Foraging & Feasting: A Field Guide and Wild Food Cookbook: Dina** Foraging & Feasting: A Field Guide and Wild Food Cookbook is a co-creation of author Dina Falconi and illustrator Wendy Hollender. Between the two of them **Dina Falconis Foraging & Feasting Wild Food Girl** Interested in Foraging & Feasting: A Field Guide and Wild Food Cookbook? Be among the first to find out when the next session is opening. Your Name*. First **Foraging and Feasting by Dina Falconi (Book Review) Breaking** Foraging & Feasting: A Field Guide and Wild Food Cookbook celebrates our local bounty and traditional foodways. The book features beautiful, instructive **Foraging & Feasting: A Field Guide and Wild Food Cookbook Wild** Foraging & Feasting: A Field Guide and Wild Food Cookbook celebrates our local bounty and traditional foodways. The book features beautiful, instructive **Foraging & Feasting: A Field Guide and Wild Food Cookbook by** Foraging & Feasting 2018 Calendar: A Field Guide and Wild Food Cookbook [Dina Falconi, Wendy Hollender] on . *FREE* shipping on qualifying **Foraging & Feasting: A Field Guide and Wild Food Cookbook by** Apr 4, 2017 Spring Nettle Plant Map from our book Foraging & Feasting: A Field Guide and Wild Food Cookbook by Dina Falconi illustrated by Wendy **GIVEAWAY - Foraging & Feasting: A Field Guide & Wild Food** May 4, 2017 A Botanical Artist gives a Behind the Scenes Look at the Making of Foraging & Feasting: A Field Guide and Wild Food Cookbook by Dina **From the book Foraging & Feasting: A Field Guide and Wild Food** Jan 17, 2013 - 5 min - Uploaded by Wendy HollenderIdentify wild edible plants with instructive, botanical illustrations Harvest & cook Foraging **Foraging & Feasting 2018 Calendar: A Field Guide and Wild Food** Enjoy a morning with Dina Falconi, herbalist and author of the bestselling book Foraging & Feasting: A Field Guide and Wild Food Cookbook. Explore the wild **Foraging & Feasting 2017 Calendar: Dina Falconi & Wendy** Dec 16, 2013 A foragers library often encompasses field guides and cookbooks, but rarely do the two categories overlap, and certainly not in such a beautiful **Creating Foraging & Feasting: A Field Guide & Wild Food Cookbook** Foraging & Feasting: A Field Guide & Wild Food Cookbook Falconis 30 years of passionate investigations into wild-plant identification, foraging and cooking.