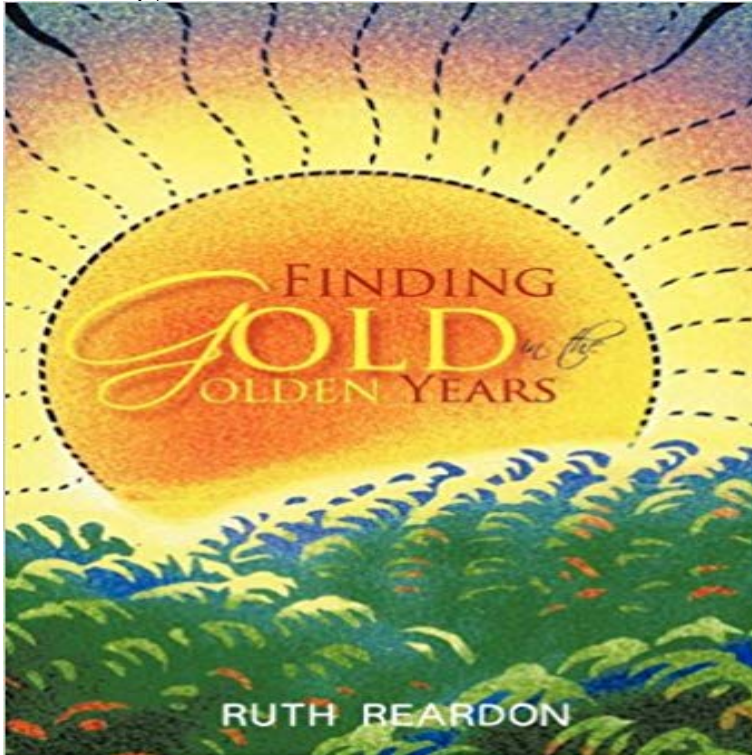


Finding Gold in the Golden Years



Back home I looked in the mirror-white hair, Wrinkles, age spots, yes, I looked elderly ... I was happy, with my gift, scrapbook, and friends. I felt very tired. And it wasn't yet ten o'clock. The golden years are often known as a time in one's life when peace, prosperity, and happiness are abundant. For some, the golden years can also be a time to heal from past hurts and to begin a quest to discover what really matters in life. In *Finding Gold in the Golden Years*, Ruth Reardon shares a collection of lyrical reflections as a recent retiree and her five-year-old great-grandson search for the gold in the golden years. As they unearth nuggets that represent real treasures in life, fellow travelers and family members share their own homespun philosophies on the meaning of true gold and how to find it in life. While nuggets shine in struggles, losses, hope, and fulfillment, others are encouraged to reflect on their own lives—all while remembering that each sunrise represents a new beginning—at any age. *Finding Gold in the Golden Years* offers an entertaining, witty, enlightening, and inspirational way to view the third act in life.

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