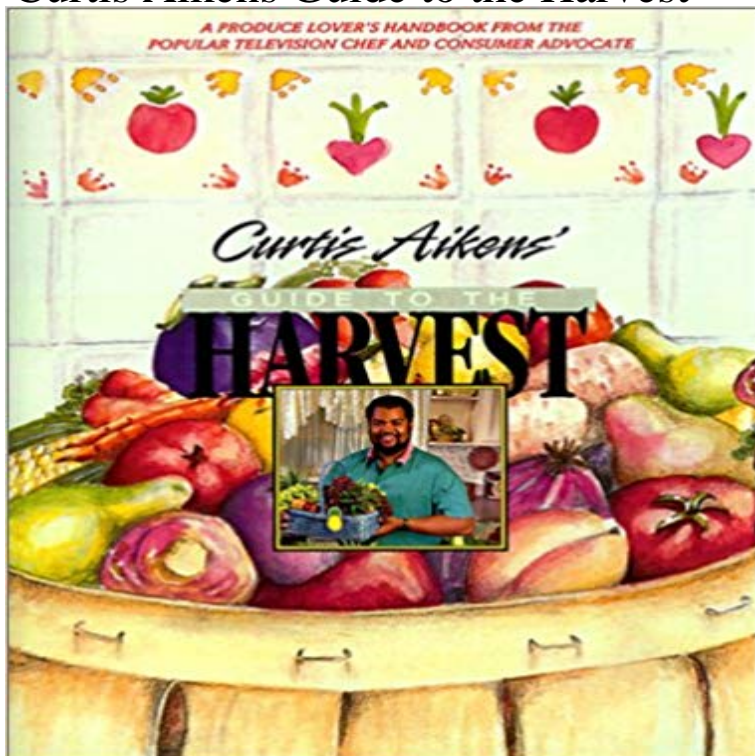


Curtis Aikens Guide to the Harvest



Television chef and literacy activist Curtis Aikens helps you select and prepare fresh produce for healthy and delicious dining. Sharing information gathered through his successful career in the produce business, he reveals the tips you need to become an informed consumer.

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