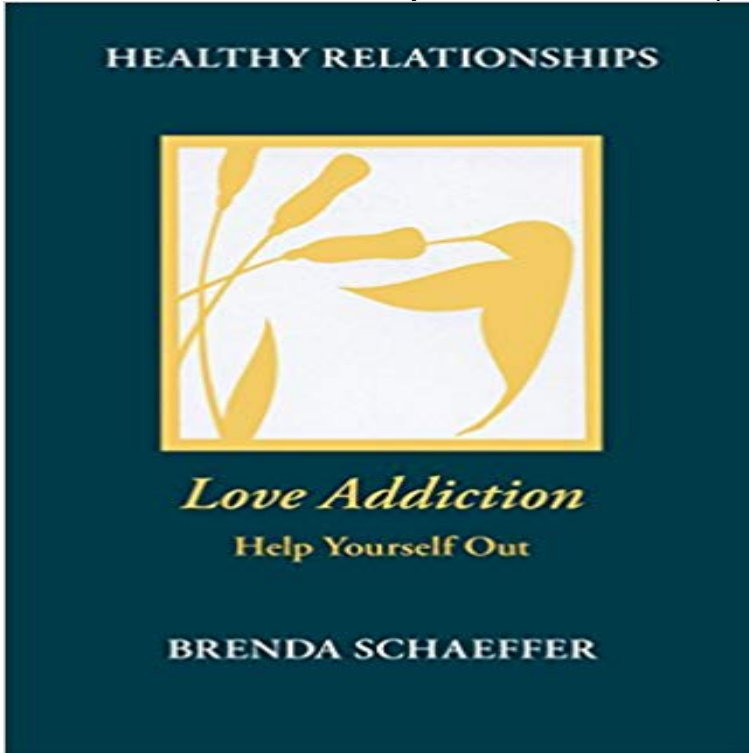


Love Addiction: Help Yourself Out (Healthy Relationship Series)



Addictive love for another person limits our ability to experience real love. The author suggests ways we can meet our own needs, enabling us to love another from a healthy perspective. The self-help exercises help us identify the roots of our love addiction and lead us toward self-love and self-discovery.

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