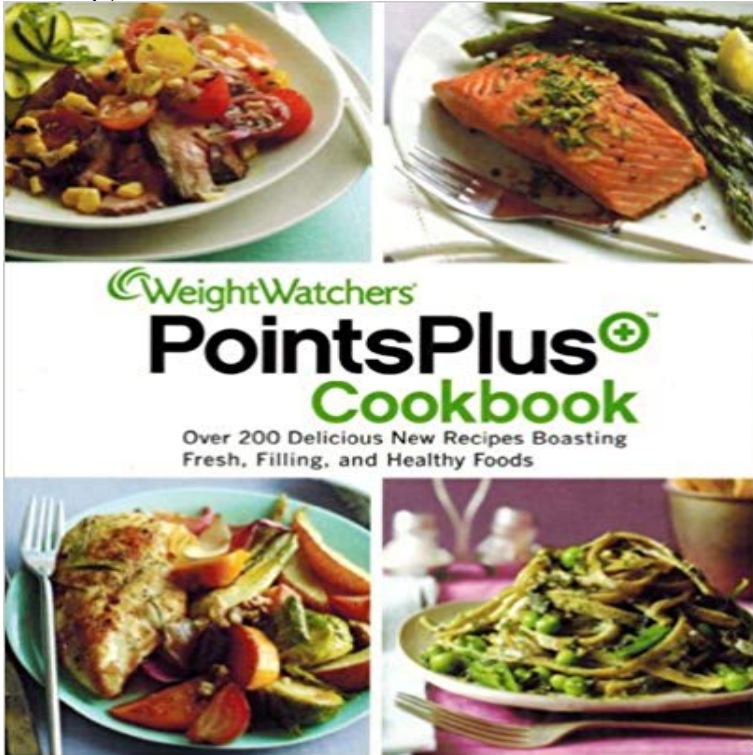


Weight Watchers Points Plus Cookbook



What can you eat on the Weight Watchers Points Plus program? Well, just about everything! Inside the cookbook you'll find:

- Mouthwatering Points Plus recipes that are quick and easy to make
- Best advice and ideas on how to make the most of Weight Watchers Good Health Guidelines
- Beautiful full-color photographs (60 in all!) to inspire you in the kitchen
- Healthy extra tips for adding Power Foods so you'll stay fuller, longer

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