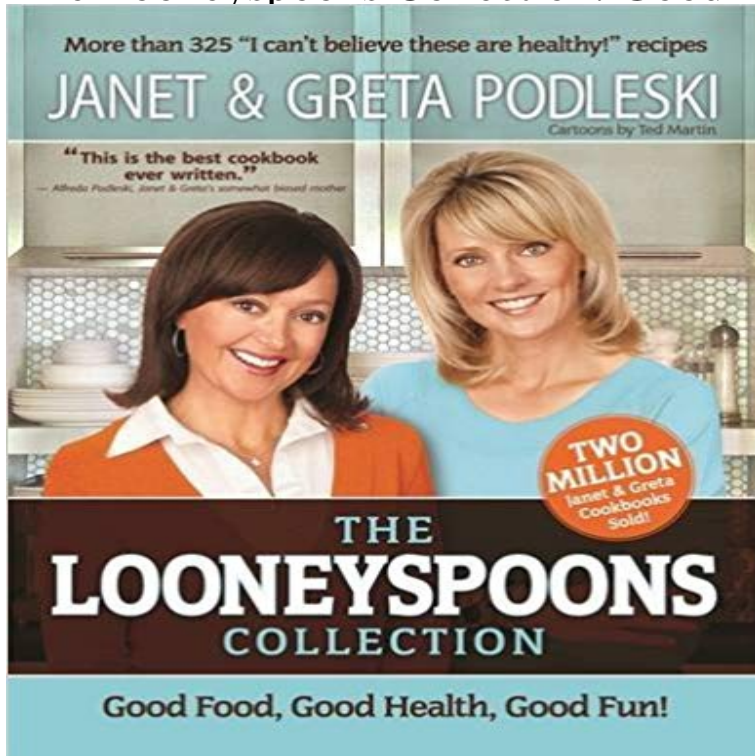


The Looneyspoons Collection: Good Food, Good Health, Good Fun!



Lick your lips and shrink your hips with THE LOONEYSPOONS COLLECTION! Jam-packed with the best of the best Janet & Greta recipes made even BETTER! Better carbs Better fats More fiber Less sugar Less salt Same great taste that won't go to your waist! TLC features outrageously delicious, reader-favorite recipes from Janet & Greta's incredibly popular cookbooks Looneyspoons, one of Canada's all-time bestsellers; Crazy Plates, a James Beard Foundation Award finalist; and Eat, Shrink & Be Merry!, voted Cookbook of the Decade 2000-2009 by Chapters/Indigo Books plus TONS OF NEW, MUST-TRY RECIPES, including: Greta's Gluten-Free Miracle Brownies Chewy, moist, double-chocolate fudge brownies Honey, I Shrank My Thighs! Mouthwatering, honey-garlic baked chicken thighs that will leave everyone begging for more Moroccan and Rollin Quinoa Salad The super-grain becomes super-scrumptious when paired with rockin' spices Pimped-Out Pumpkin Pie Pancakes One taste and you'll say, Thanks (for) giving me this fabulous recipe! Diabetic? Looking for gluten-free or vegetarian options? Counting points? Cooking for finicky kids? The Looneyspoons Collection makes healthy eating delicious and fun for everyone! A feast for your eyes and your taste buds, TLC is overflowing with gorgeous, full-color food photos; hundreds of practical weight-loss, anti-aging and healthy-living tips; and, of course, a heaping helping of Janet & Greta's trademark corny jokes and punny recipe titles.

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