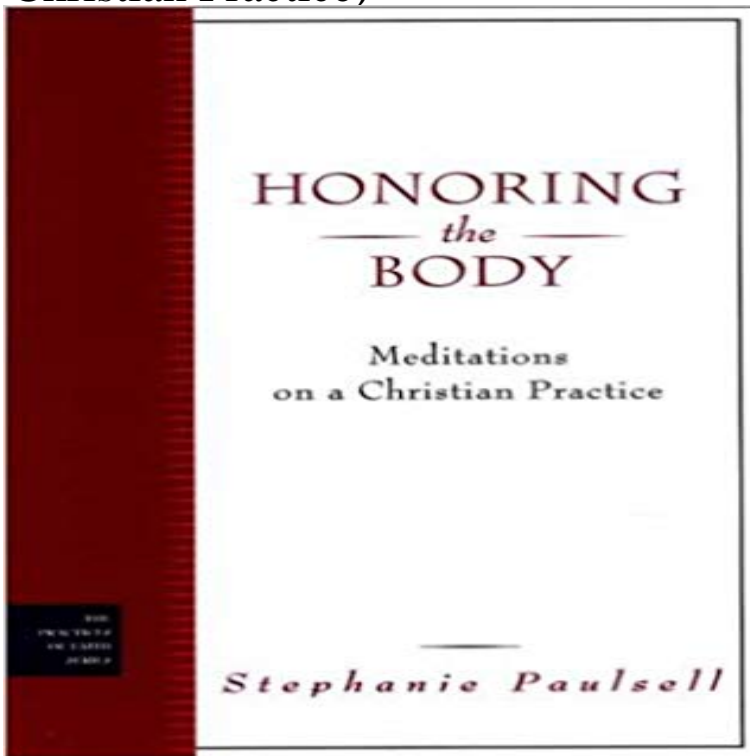


## Honoring the Body: A Guide for Conversation, Learning, and Growth (Workbook/Study Guide for Honoring the Body: Meditations on a Christian Practice)



This study guide is the companion to Stephanie Paulsells Honoring the Body- the exquisite, sensitive book that reveals how we can learn to celebrate the bodys pleasures, protect the bodys vulnerabilities, and develop the practices that will ultimately transform our troubled relationship with our bodies to one of honor and joy. This guide is a practical resource for those who want to explore more fully the lessons and practices outlined in Stephanie Paulsells insightful and instructive book.

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Fosters Study Guide for Celebration of Discipline .. the Spirit: inward (meditation, prayer, fasting, and study), outward (simplicity, solitude .. and conversation, Richard motivates the audience to practice. all Christian bodies as the foundational sacrament of the church glory and honor, forever and ever. Honoring the Body: A Guide for Conversation, Learning, and Growth (Workbook/Study Guide for Honoring the Body: Meditations on a Christian Practice) **Seeing the Kingdom - Northland Church** two contemplative practices: centering prayer and sacred reading (lectio divina). 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