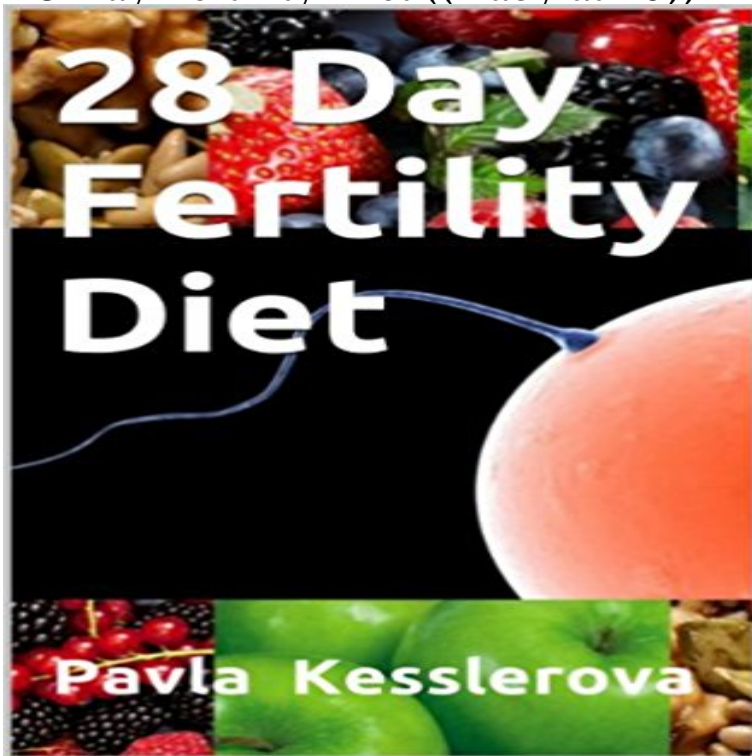


28 Day Fertility Diet ((Baby at 40))



NEW! For a limited time only, the complete version of 5 Simple Steps To Fertility was added at the end of this publication. 28 Day Fertility Diet is the authors response to hundreds of letters requesting specific and more detailed information about her diet which led her to successful pregnancy and overcoming her infertility. 28 day Fertility Diet is a cook book with dishes for each phase of the cycle - Follicular Phase, Ovulation, Luteal Phase, Menstruation Different phases of the cycle require a womans body to produce different hormones and go through separate processes, so to maximize the chances of conceiving, it is paramount to eat foods that are advantageous to each phase.

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